



# OCEAN SHORES PUBLIC SCHOOL

Term 4 Week 6 – Tuesday 14<sup>th</sup> November



Ocean Shores Public School – 166 Shara Boulevard Ocean Shores 2483

Phone: (02) 6680 2766 Fax: (02) 6680 2764

Rel. Principal – Mr Martin Gill

Email – [oceanshore-p.school@det.nsw.edu.au](mailto:oceanshore-p.school@det.nsw.edu.au)

Website – [www.oceanshore-p.schools.nsw.edu.au](http://www.oceanshore-p.schools.nsw.edu.au)

## OPERATION DOLPHIN:

**I am responsible: I flush the toilet, wash my hands and leave immediately after finishing.**

## IMPORTANT!

### Congratulations Mr Stephens

After relieving as principal at Dungay Public School all year, Josh Stephens accepted the permanent position of principal last week. He has been the assistant principal at Ocean Shores since 2012 and has had an outstanding impact on the students, community and staff. Josh's enthusiasm, knowledge, passion and skills as a teacher and a leader have led to outstanding results in his classroom and across the school. I congratulate Josh on his success in the merit selection process and wish him well at Dungay. Mr Stephens will be missed at Ocean Shores!



### School Planning – parent/community feedback

I had planned to share progress on the school plan with parents during last week's forum. Unfortunately, due to the quality of the presentation and discussion on sex education, there was limited time. Later this week a summary of findings, some preliminary recommendations and proposed changes to the school vision statement and strategic directions will be sent home. Any feedback for the school's self-evaluation team would be greatly appreciated. Please send feedback to the office in writing by Friday 24<sup>th</sup> November. I will continue to keep the community informed of school planning as we prepare for the next three years.

### Yarning Circle takes shape

After months of planning our new 'yarning circle' took shape this week. We thank the following people for their work and input: students and the Aboriginal Education Team for planning; Rob for design work, Border Rock Walls for cheap equipment hire, materials and transport; Rob and Jake Jacobson for labour; and our wonderful P&C for funds. The yarning circle highlights what can be achieved when we all work together for a common cause and the school now has a truly special place for children to interact and learn from Indigenous culture.

**Martin Gill (Rel Principal)**

### UPCOMING EVENTS:

**Mon 13<sup>th</sup> Nov** – Intensive Swimming begins, Handball Competition begins

**Thurs 16<sup>th</sup> Nov** – Kinder Orientation 12:00 – 3pm  
Assembly KL (and 3/4W) 1.00pm

**Thurs 23<sup>rd</sup> Nov** – Mullum HS Performance 9.30am in OSPS Hall (free)

**Fri 24<sup>th</sup> Nov** – Year 2 Intensive Swimming Program ends.

**Tues 28<sup>th</sup> Nov** - Volunteer Helpers Morning Tea 11am  
Library, Ocean Oracle orders due

**Wed 29<sup>th</sup> Nov** – Harley travelling to Adelaide (Pacific School Games)

**Thurs 30<sup>th</sup> Nov** - 2018 Leaders Speeches 1pm, Chris Hauritz farewell P&C Dinner - Billi Hotel 7pm

**Save the Date**

**Tuesday 12<sup>th</sup> December 9.30am** is our Presentation Day.

## WHAT'S BEEN HAPPENING:

**Disco/Parent Forum**

Thank you to Jaz for donating his time for last week's silent disco – our students had a wonderful time. I also thank the dedicated staff who provided supervision at this busy time of year. While the disco was running, Zewlan Moor and Sean Tonnet chaired the P&C Education Sub-Committee's forum on sex education. It was a most worthwhile (and enlightening) discussion. Thank you Zewlan, Sean, Mel and Christine for your input. Hopefully we will have many more opportunities for parents and carers to connect and discuss issues relevant to families.

### Whole School Writing Task

This week all students completed the same writing task which was set by Lisa McGivern (our assistant principal and L3 Lead Trainer). The purpose of the task is to collect baseline data so teachers can track student progress in writing across the years and ensure that they continue to teach at the point of need for students. It also allows teachers to compare writing samples to ensure consistency of grading. This is particularly significant as writing has been identified as an area to address in planning.

### Harley Prepares for Pan-Pacific Games

Harley had a good training camp at Maitland last week, getting to know the team and build their team work. His coach and manager developed a very fair and friendly atmosphere. Harley's family would like to thank all the families who helped with costs to get to Adelaide by participating in the Mufti Day recently.

Harley will be at the Pacific School games in Adelaide from 2<sup>nd</sup> to the 9<sup>th</sup> December competing as goalie in the under 12's boys hockey.



### Superstars Luncheon

On Friday the two students from each class who had received the most 'superstars' for being respectful, responsible and inspiring at school enjoyed a special 'superstars luncheon' in the library. Those who were away on excursion will be invited to the luncheon in week 10. Well done to all these children: Jade Dwyer K6Y, Laurence Croft K6G, Cove Penfold K6M, Harper Gassner and Sophie O'Halloran KL, Siarn Brough and Stark Easterbrook-Lenehan KA, Macy Eastwell and Nadia Moothiang-Holmes 1D, Maddy Harper and Violet Soady 1J, Milena Coelho-Guiss and Alannah Doggett 1/2G, Kai Davidson, Honey Penfold and Riley Schenk 1/2E, Sunny Waters and Summer Browning 2/3B, Jordan Kuznik and Katie Russo 3H, Billy Russo and Clancy Halloran 3/4W, Thomas Ray and Maddy Ollis 4G, Noah Johnson and Lola Kennard 4/5B, Lucilla Gadi and John Ray 4/5T, Monique Anderson and Lulu Warlow 6N, Sofia Nozdrina and Chloe Verrall 6E

### Mindfulness

Barb Underwood has been working with 1J and Mrs Jordan to develop mindfulness in students. The students are learning mindfulness practices to compliment their learning and Mrs Jordan is reporting some very positive outcomes for the class. Thanks to P&C support, Barb is teaching an eight week mindfulness program each Thursday afternoon after school for eight staff members who are thoroughly enjoying and appreciating the opportunity.

## STAFF MESSAGES:

### ES1 and Stage 1:

#### Kindergarten Orientation

Last week we welcomed our 2018 Kindergarten students to the first of three orientation sessions. Staff and students enjoyed their time and our Year 4/5 buddies were outstanding.

#### Year 2 Intensive Swimming

Just a reminder for Year 2 that Intensive Swimming commenced this week. This program runs for two weeks, children will need to bring their swimmers and towels.

#### Playschool – Through the Window

Five of our K-2 students had the opportunity to appear in filming for the 'through the window' segment on ABC TV's Playschool. The children will feature in the segments themed 'tracks and trails'.

### Stage 2:

#### Dorroughby Excursion

Thanks to Sonia Woods, Wayne Gibbons, Nick White and Ammie Doyle for ensuring our Year 4 students had such a successful time at Dorroughby last week. These opportunities are valuable, memorable, and would not happen without the dedication of staff!

### Stage 3:

### Reminder to Year 6 Parents

Last week, year 6 students were given a large yellow envelope to hand to their parents. Parents are asked to fill out the form inside the envelope (confidentially) and return the sealed envelope back to the school. This form is part of the Farewell pack students will receive on the 4<sup>th</sup> December at the Farewell.

Only a handful of these forms have been returned as yet. Prompt return of these will assist teachers enormously with organisation of the Farewell.

Kind regards

Mrs Ensor/Miss Christian`

### Kindergarten 2018 Transition

#### Orientation Program

**COMPLETED** Session 1- Thursday 2<sup>nd</sup> November 9.30-11.30am

**COMPLETED** Session 2- Thursday 9<sup>th</sup> November 11.30-1.30pm

Session 3- Thursday 16<sup>th</sup> November 12.00-3.00pm (experience an assembly with KL performing)

**Talent Quest**- December 13<sup>th</sup> Week 10 (welcome to attend )

**Christmas Craft session at OSPS with Pre-schoolers**- Wednesday 29<sup>th</sup> November Week 8



### P&C – Mr Hauritz Farewell Dinner

Instead of the scheduled meeting on Monday of Week 7 we will be holding a dinner to farewell Chris Hauritz. This will be **Thursday 30<sup>th</sup> November at the Billinudgel Hotel** from 7.00pm. Please email the school or contact the school office if you are able to attend.

### Ethics Coordinator needed for 2018

A new ethics coordinator is needed for next year in order for our ethics classes to continue. This important and rewarding role requires an hour a week of your time. The role involves: liaising with Miss Sonia, organising and coordinating ethics teachers and communicating with the primary Ethics Regional Manager. This role does not expect you to teach classes, it is purely administrative. However, you may choose to do both. This is a great opportunity for personal and professional growth, connecting with the school community and contributing to ethics education. For more information contact the substantive coordinator, Teja on 0403267142.

### Ocean Oracle – full colour this year

Mrs Rologas has been busy compiling the 2017 Ocean Oracle which has been sent to the printers this week. This year it will be full colour at a cost of \$15. Please be sure to place orders by 28<sup>th</sup> November to secure your copy.

### Would you like to offer your children the gift of a second language?

The **ABCD - Association for Brazilian Bilingual Children's Development** - offers Brazilian Portuguese language classes to children **from five years of age** in various locations in Sydney and now in the Northern Rivers Region.

The ABCD is a member of the NSW Federation of Community Language Schools and **accredited by the NSW Community Languages School Program** of the Department of Education and Training (DET) NSW.

ABCD is available to offer Portuguese language lessons at Ocean Shores Public School from term 1/ 2018. The classes would start after school hours and last for 1 hour and a half (\$185 per term). Our program is very dynamic mixing activities, musical instruments, singing and games. All in Portuguese!

If you are interested in enrolling your children in the Portuguese Language class, **please leave your child's details at the front office.**

For more information please access the website: [www.abcd.org.au](http://www.abcd.org.au)

Or contact Cristina Massia on 0406 374001.



### Canteen

The Canteen had a successful week last Friday. Thanks to the awesome helpers including Narissa, Ingrid, Panda and Barbara. The entire day went smoothly. We are also training some year 6's in serving, cooking and money management. The pizza's, healthy burgers and salads have been very popular, Remember all the salad, herbs and eggs come straight



from the School's garden. If you'd like to help in the last couple of weeks left of school please contact Nadine on 0432418130

## Media Diets

"Studies show that media use steadily increases as kids get older, and there are risks to overexposure. [Changing your approach to screen management before the tween and teen years](#) will increase the chances that the stuff they're interacting with is (mostly) good for them. It also allows you to think more deeply about how, when, and why you want your family to be using technology, so it enhances and enriches your lives."

### 5 Tips for Parents of Young Kids - Tip No. 4

**Make time for enjoying media with your kids, especially reading.** Reading to your kid is one of the best things you can do -- period. It's great for bonding, but it also sets the stage for learning. While [it's nice to have a little library of books at home](#), you can read whatever's available and it'll be good for them. Product labels, signs, and packaging copy -- anything with words is fine. If you're raising your kid in a place where you don't completely know the language, feel free to read books or articles to them in your native tongue. Or just make up stories -- it's the rhythm, sounds, and communication that are important for kids to hear.

<https://www.common sense media.org/blog/new-healthy-media-habits-for-young-kids>

WEDNESDAY  
**29**  
NOVEMBER

TICKETS  
\$100.00  
INCLUDES  
TWO COURSE  
LUNCHEON

**Lunch with Fitz**

Former Wollaby great, best selling author, nationally recognised journalist and current Chair of the Australian Republican Movement, Peter FitzSimons is coming to Twin Towns to be the guest speaker at this up close and personal event. Limited seats. Don't miss out.  
[www.trybooking.com/320307](http://www.trybooking.com/320307)

ALL PROCEEDS GOING TO  
**KIDS IN NEED ASSOCIATION**  
Supporting children with disabilities and various issues throughout the Gold Coast and Northern New South Wales. Established 1992.  
Event contact: 07 5599 9999  
[contact@kidsinneed.org.au](mailto:contact@kidsinneed.org.au)

LUNDSPARKE ANGLICAN GRAMMAR SCHOOL AND PETER FITZSIMONS PROUDLY SUPPORT THIS KIN SCHOOLS DAY EVENT.

# Mindful Beings Project



G'day, my name is Barbara Underwood and I am an Occupational Therapist and a mother of two. I am also really passionate about Mindfulness and I am in the middle of teaching Mindfulness to some of the Teachers as well as to Class 1J. So far we have had some great feedback.

Anxiety, depression and bullying are on the increase and I want to make a difference. I want all children to learn this important life skill of living mindfully. Children have been reporting that they feel more relaxed and calm. I have had several parents tell me how impressed that their kids are teaching them about their own brain. Last week we discussed the brain and introduced three main brain characters. Garry the Guard Dog (the Amygdala), Hippopotamus (hippocampus) where we store our memories and the Wise Old Owl (Pre Frontal Cortex). The children are amazing and learning this is only going to help them become more resilient. Mindfulness needs to be practiced as often as possible and it doesn't have to take long. It can be as short as 1 minute. I will be running an 8 week course for parents and carers next year please fill in below form for your preferences of days and time. Feel free to contact me on 0403661416 or email: [barb@ohrs.com.au](mailto:barb@ohrs.com.au).

Yes I am interested in completing an 8 week course on Mindfulness in 2018 to create my own mindful practice and help my child(s) become more mindful.

The course will run for 8 weeks and as best as I can will attend all sessions. Each session is 2.5 hours long. There is an option to attend a mini retreat for half day between week 5 and 6 this will be on a separate day.

Name: .....

Phone Number: .....

Email: .....

I prefer:

During working hours 0930-3

☐

After School: 630-8 pm

☐

I require babysitting:

☐

Cost is between \$300/ \$500 depending on financial situation discounts may apply.

Please email, call or return to front office of school.

Barbara Underwood 0403661416

Email: [barb@ohrs.com.au](mailto:barb@ohrs.com.au)



PLEASE SUPPORT THE FOLLOWING BUSINESSES WHO PROUDLY SPONSOR OUR NEWSLETTER



## It's TAX Time

Personal & Business Taxation Services  
GST Assistance & BAS Preparation  
Bookkeeping

**TAX Returns from \$99.00**  
**0413 808 155**

JESSICA ARTHUR – Accountant & Registered Tax Agent  
Jessica.accounting@hotmail.com



**REGISTER NOW**



**CHRIS GRAHAM  
GOLF COACHING**

**OCEAN SHORES  
JUNIOR GOLF CLINIC**  
SATURDAY'S 9AM - 10AM

Register at [mygolf.org.au](http://mygolf.org.au)  
0428844979  
[info@chrisgrahamgolfcoaching.com](mailto:info@chrisgrahamgolfcoaching.com)



**AUSTRALIA'S JUNIOR  
GOLF PROGRAM**



## Music for Kids



Joanne Sloane

0422 562 179

[musicforkids.oz@gmail.com](mailto:musicforkids.oz@gmail.com)

We have a music program running at the school where Joanne Sloane who runs Music For Kids comes each Tuesday to teach children piano/keyboard and African Drumming. The drumming groups are all rhythm based and a great way for the children to learn to play as a team and learn timing and polyrhythms. The piano/keyboard lessons have a more thorough learning of music where the children learn to read music and are encouraged to create their own songs and to play by ear.

The program has been running for the past 12 years and the students are supported to perform at the arts extravaganza and talent quest and various other opportunities at the school throughout the year.

If you are interested in your child learning either/or both of these instruments during school time please contact


Joanne on 0422562179 or email

[musicforkids.oz@gmail.com](mailto:musicforkids.oz@gmail.com)

Mullumbimby & Ocean Shores

## Steve Gort Tennis

Advanced Level 2



**Stephen Gort**  
ATPCA Registration No:  
MM09022004

Mobile 0412 731 814  
[stevegortennis@gmail.com](mailto:stevegortennis@gmail.com)  
Group & Private Lessons  
Squads



## OCEAN SHORES MEDICAL CENTRE

- A team of caring Doctors for all your family health needs.
- Local, Accessible, and Professional.

**BULK BILLING** all Children and Concession card holders.

**Ph: 0266 801 580**

# Family FUN DAY

**SUNDAY 26 NOVEMBER**  
**11AM - 3PM**

**FREE SAUSAGE SIZZLE**

**Free**

**PONY RIDES**

**JUMPING CASTLE**

**WETTABLE SLIDE**

**CIRCUS ACTIVITIES**

**POPCORN AND SNOW CONES**

**GIANT SLIDE**

USE OF THE POOL WITH LIFELINE SUPERVISED GOLF AND JUNIOR BOWLS ACTIVITIES LIVE ENTERTAINMENT WITH RAKU O GINA



**NEW MEMBERSHIP SPECIALS**  
Get the kids into the pool and on the tennis!  
Social Membership \$2 | Pool Membership \$80  
Golf \$400 | Bowls \$45

**Ocean Shores**  
COMMUNITY CENTRE  
PO BOX 1000 | 0266 801 580  
[www.oceanshoresnsw.com.au](http://www.oceanshoresnsw.com.au)  
Oceanside Ocean Shores NSW



**positive energy**  
Fitness & tennis

**Come and Try Our  
Road to Rally Program  
NOW @ Ocean Shores  
Tennis Centre**

**Special Offer  
6 weeks ONLY \$75  
New Players Only**

**Specialising in  
Inclusion Programs,  
Kids Programs &  
Keeping it Fun  
and Simple**

**Book now!  
limited numbers only**

Connect with Glen on 0425 809 337  
f @peft.co www.peft.co

**BYRON BAY**  
**School Holiday Netball Workshop**  
**MONDAY 22ND JANUARY**

- 10:00AM TO 3:00PM
- CAVANBAH CENTRE, EWINGSDALE ROAD, BYRON BAY
- \$80 PER CHILD
- FIRST 20 REGISTRATIONS GET A FREE BALL (VALUE \$30)

**REGISTER : [LOVENETBALL.COM.AU/BYRON](http://LOVENETBALL.COM.AU/BYRON)**



[lovenetball.com.au/byron](http://lovenetball.com.au/byron)

**BYRON SHIRE ABORIGINAL SERVICES COALITION**  
*presents*

**ABORIGINAL COMMUNITY  
SERVICE FORUM**

**Byron Shire  
Council  
Chambers  
Station Street  
Mullumbimby**

**WEDNESDAY  
22 November  
11 am – 2pm**

**Lunch Provided**  
Please RSVP – 0447316299  
RSVP by: 15 November

**What we are talking about**

- Establishing an organization for our people in our community to deliver culturally appropriate services in the Byron Shire
- Shop frontage – visibility, accessibility, contact and reference point
- Cultural Safe Space
- Aboriginal Transport
- Culturally based projects and programs
- Focus point for our community, centre point to build strength
- Clear consultation with our mob
- Community owned and engaged future

**Bringing  
Community  
Together to build  
Strength and unity -  
for a healthy happy  
mob**

**BEYOND THE BOX**

No more tick a box  
service delivery for  
our mob



**INSPIRE DANCE STUDIO**



**2018 CLASSES :** Contemporary, Ballet, Jazz, Hip Hop, Musical Theatre and Acro-Dance , ages 3 -Adult.  
Free Try out classes in the last week of term, come and try a class and check out our studio!

**PERFORMANCE TROUPE 2018 :** try - outs will be in the last week of this term 11/12 – 14/12 Register now via email.

**DON'T MISS OUR END OF YEAR SHOW!!!**

**WONDERDANCE**

@the Byron Theatre 8th and 9th of December  
Tickets on sale soon @ [www.byroncentre.com.au](http://www.byroncentre.com.au)

Contact [byrondance@hotmail.com](mailto:byrondance@hotmail.com) /0428876346  
Facebook Page: Inspire Dance Studio  
1/9 Bonanza Drive Billinudgel